

Coach: \_\_\_\_\_ Sport: \_\_\_\_\_ Level: \_\_\_\_\_ Date: \_\_\_\_\_  
 Observer: \_\_\_\_\_ Observation: (select one) Other: \_\_\_\_\_  
 Location: \_\_\_\_\_ Observation Details: \_\_\_\_\_

**OBSERVATION KEY - Observable: Y / N (Y-Yes, N-No) Ratings: 1-5 (1-Minimal, 2-Emerging, 3-Developing, 4-Proficient, 5-Exemplary)**

Module 1: Building Skills through Sport	Observable (Y/N)	Rating (1-5)	Quick Notes (Examples/Details)
1.1 - Uses language or examples to <b>connect sport to activities or life skills</b> outside of sports			
1.2 - Coach supports athletes' <i>*holistic needs</i> in public ways			
<i>*Examples of athlete's holistic needs include rest, recovery, nutrition, physical health, mental wellness, social and/or emotional wellbeing</i>			
Module 2: Fostering Physical and Emotional Safety	Observable (Y/N)	Rating (1-5)	Quick Notes (Examples/Details)
2.1 - Appropriately utilizes <b>facilities and equipment</b> to ensure physical safety			
2.2 - Gives instructional <b>feedback</b> emphasizing fundamental technique and mechanics for safety			
2.3 - Uses inclusive and respectful <b>language</b> with athletes			
2.4 - <b>Communicates</b> in ways facilitative of <b>relationship-building</b> with athletes and between athletes			
2.5 - Utilizes <b>routines and organizes</b> activities to promote safety and learning			
Module 3: Creating an Environment for Learning	Observable (Y/N)	Rating (1-5)	Quick Notes (Examples/Details)
3.1 - Demonstrates moments of <b>levity</b> and use of appropriate <b>humor</b>			
3.2 - Balances <b>silence and observation</b> with verbal engagement			
3.3 - Offers <b>constructive feedback</b> that is <b>specific and targeted</b> to promote learning			
3.4 - Uses verbal and non-verbal cues to demonstrate <b>enthusiasm and excitement</b>			
3.5 - Responds to mistakes in a <b>growth-oriented</b> manner (verbally & non-verbally)			
3.6 – Encourages and facilitates athlete <b>reflection and self-assessment</b>			
Module 4: Modeling Positive Behavior	Observable (Y/N)	Rating (1-5)	Quick Notes (Examples/Details)
4.1 - Demonstrates ability to <b>regulate emotions</b> and displays self-control			
4.2 - Interactions* are conducted in a <b>regulated tone and manner</b>			
4.3 - <b>Is prepared, on time, present and engaged</b> ; effectively runs practice within allotted space/time			
4.4 - Provides opportunities for <b>athlete leadership and shared decision-making</b>			
<i>*Interactions may include those with officials, opponents, parents, staff, players, administrators, spectators, and community members</i>			