ASSESSING CAREER PREPARATION AND POSTGRADUATE TRANSITIONS OF BLACK COLLEGE ATHLETES

RESEARCH FROM THE FRONT PORCH

"COLLEGE ATHLETES WITH A HIGH ATHLETIC IDENTITY ARE MORE LIKELY TO FACE CHALLENGES IN THEIR TRANSITION INTO LIFE AFTER SPORT - MANY OF THOSE ATHLETES ARE BLACK."

RESEARCH HIGHLIGHTS

- Precollege influences (coaches, family members, mentors, academic prep courses/activities) are significant factors that have long-term educational benefits for Black college athletes.

- Athletic demands and sport-related expectations make it extremely challenging for Black athletes to fully engage in meaningful educational activities as well as with the larger campus community, which can negatively impact their ability to prepare for transitions out of sport and school-to career transitions.

- Prioritization of eligibility requirements as a way to generate athletic success for universities promotes a subculture of low academic expectations, which can deter Black athletes from maximizing academic opportunities or exploring their options while in college.

QUESTIONS FOR PRACTICE

- What high-impact engagement activities (i.e. internships, career development/exploration workshops, networking events, mentorship programs) are available at my institution?

- What changes can be made to the excessively demanding athletic workload given to college athletes, in order to help promote a better academic and athletic balance at my institution?

- How can we, as an institution, work with coaches and their staff to support Black college athletes in career preparation and postgraduate transitions while they are on our campus?

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Additional Resources:
- 'About Me'
- Briana Savage's Website
- Center for Athletes Rights and Equity - 'Our Team'

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