

RESEARCH HIGHLIGHTS

- Female student-athletes report value in their experiences as student-athletes, but indicate that these experiences alone are not enough for them to start a career outside of athletics.
- Learning opportunities which may help gain entry into their chosen field such as internships, study abroad programs, organization membership or attending events of their major were limited.
- Female student-athletes reported unfamiliarity with student services available on-campus positioned outside of the athletic department.
- Role conflict between their student role and athletic role also contributed to the lack of preparation for post-eligibility career transitions.

Athletic departments should be given more discretion to allow women student-athletes to engage in a bona fide professional development experience, such as an internship.

QUESTIONS FOR PRACTICE

1. Does our athletic department create and encourage professional development programming for women student-athletes based on their individual career interests?
2. Does our athletic department career development policies support opportunities of the entire student-athlete population?
3. Does our athletic department partner with other on-campus career development programs located outside of the athletic department?
4. What types of experiential learning or internship opportunities are available for student-athletes that fit within their academic and athletic responsibilities and support their career interests?



Markesha Henderson, PhD

Assistant Professor
University of West Georgia
[Author Website](#)
mhenders@westga.edu

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- [NACWAA Career Center](#)
- [NCAA Career Resources](#)

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