

A TEAM EFFORT

SEXUAL ASSAULT & INTERPERSONAL VIOLENCE PROGRAMMING AND RESOURCES

RESEARCH HIGHLIGHTS

- 1 in 5 women students and 1 in 16 men will be the victim of sexual assault or interpersonal violence during college.
- A consistent and collaborative effort is key to developing a comprehensive approach to educating all students about sexual assault and interpersonal violence.
- Partnering with the campus wellness center builds trust that the athletics department takes the issue seriously, expands the expertise in developing programming, and sends a consistent message across campus to all students.

Effective programming is more than basic intervention exercises that focus on the consequences of poor decision-making

QUESTIONS FOR PRACTICE

- 1. What programming or resources are available for student-athletes that address issues of sexual assault and sexual violence prevention and reporting? Are there any programs targeted for incoming freshman or transfer student-athletes?
- 2. What athletic department activities, such as dedicating an athletic event to sexual assault awareness, could be implemented to promote prevention and make resources more widely known in athletics and on campus?
- 3. Are there challenges to partnering with the campus wellness center or other sexual assault prevention staff at my campus? What steps can my athletics department take to avoid the challenge of competing time demands or constraints during season that fosters positive attendance?
- 4. Are student-athletes involved in campus and athletic department committees and programming on sexual assault and violence? What does the level of support or involvement look like from coaches and administration?



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Additional resources:

- Interpersonal Violence and the Student Athlete Population, in Mind, Body & Sport
- Addressing Sexual Assault & Interpersonal
 Violence: Athletics' Role in Support of Healthy and
 Safe Campuses

Nick Combo was the 2017 Intercollegiate Athletics Leadership Graduate Program Award winner for his work on sexual assault and interpersonal violence programming at Santa Clara University.

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