

RESEARCH HIGHLIGHTS

- Women athletes of color report that the athletic department can be a source of microaggression by mixing up their game stats or not differentiating between women of similar cultural background.
- There are not many women athletes of color in general and specifically domestic women of color, leaving these women on their own to navigate a racialized identity in athletic and campus spaces.
- Being the only women of color on the team and in most campus spaces led to feelings of not belonging, isolation, and tokenism.

I'm one of the only people of color in a sea of whiteness. All of my friends are white. It's something that I've gotten used to because it is reality.

QUESTIONS FOR PRACTICE

1. Is my athletic department aware that some minority women student-athletes encounter challenges impacting their social life, academic success, athletic careers, and mental well-being, that are not commonly experienced by their white peers?
2. What are the misperceptions of administrators and coaches about stereotypes, microaggressions, and the overall experience that they can have on women minority student-athletes at my institution?
3. Does my department actively and intentionally create a plan to combat isolation and increase belonging among women student-athletes of color?



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