

PROMOTING PREVENTION

Implementing Athletic Department Centered Violence Prevention Education

RESEARCH FROM THE FRONT PORCH

RESEARCH HIGHLIGHTS

- One in three women and one in four men will be in an abusive relationship during their lifetime. Young women between the ages of 16 and 24 are three times more likely to experience abuse.
- Implementing campus or department violence prevention education can be difficult because competing organizations with similar objectives fight for the sole representation of an institution.
- There is often a lack of collaboration between campus and athletic department violence prevention education programs. Partnerships across campus should be prioritized to make resources easily accessible for students and staff.

Relationship violence is 100% preventable: It all starts with a proactive approach in education.

QUESTIONS FOR PRACTICE

1. What are the obstacles to implementing or adopting new violence prevention education programs in athletic departments?
2. What are we doing as athletic department staff to start or continue the conversation about relationship health? How do student-athletes learn about their campus resources?
3. How do we help our student-athletes become active bystanders who are confident in intervention techniques? Do student-athletes feel obligated to advocate for their peers?
4. How are student-athletes proactively seeking opportunities to learn more about relationship health on campus and within athletics? How do athletic departments create a culture where student-athletes feel comfortable creating initiatives?



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Additional resources:

- <https://www.joinonelove.org/>
- [NCAA toolkit](#)

Ms. Wold received a 2018 Intercollegiate Athletics Leadership Graduate Program Award for her work on sexual assault and interpersonal violence programming.

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