



# PROJECT PLAY: KING COUNTY ACTIVE YOUTH, HEALTHY FUTURES

## Agenda:

Wednesday, May 30

- 9:05 a.m. Welcome**  
Dr. Hannah Olson, UW
- 9:10 a.m. Project Play Overview**  
Dr. Julie McCleery, UW  
**Project Play: King County Progress and Vision**  
Sarah Margeson, King County Parks
- 9:30 a.m. Presentations:**  
**Reintroducing Free Play**  
Dr. Pooja Tandon, Seattle Children's Hospital  
**Asking Kids What They Want**  
Kate Holman, UPower  
**Encouraging Sport Sampling**  
Seth Ehrlich, SOS Outreach  
**Revitalizing In-Town Leagues**  
McKenzie Mitchell, Seattle Mariners  
Curtis Wells, King County Boys & Girls Club  
**Thinking Small**  
Ashley Fosberg, RAVE Foundation  
**Designing for Development**  
Aubrey Fitzpatrick, Row to the Future  
**Emphasizing Prevention**  
Dr. Emily Kroshus, Seattle Children's Hospital  
**Training All Coaches**  
Kylie Groetsma, Postive Coaching Alliance
- 10:30 a.m. Facilitated Discussion/Q&A**
- 10:55 a.m. Next Steps**

# THE 8 PLAYS

The Aspen Institute identified eight strategies in their 2015 report, “Sport for All, Play for Life: A Playbook to Get Every Kid in the Game,” that can be used to help every child become physically active. They are:

**Ask Kids What They Want**

**Reintroduce Free Play**

**Encourage Sport Sampling**

**Revitalize In-Town Leagues**

**Think Small**

**Design for Development**

**Train All Coaches**

**Emphasize Prevention**